



'Aerials in social work' workshop in Budapest

in the frame of Social Circus without Borders Visegradian project

Date : 21-23rd January 2017

Venue: Inspiral Circus Space (Budapest, 1117 Sopron út 19/a)

Themes:

- practising basic and intermediate moves and aerial positions on trapeze, silks and a little hoop (being able to show and evoke wonder)
- how to teach and spot in a safe way (being able to provide a safe learning environment)
- exercises and games to play and move freely in the air (being able to bring joy and create a playful group atmosphere)
- creative work for any level (being able to stimulate creativity of every specific person)
- discussion groups about aerial and social work

Presentation of the tutor

Isabel Van Maele has been teaching circus since 1993 and is a member of the pedagogical staff at Cirkus in Beweging (a youth circus school in Leuven, Belgium). Following her master's degree in physical education she entered the pedagogical circus training at the École de Cirque de Bruxelles. From 2000 on, she trains at ECB future trainers in aerial work. Van Maele coordinates the Flemish Basic Circustrainer Program (BIC), she is co-author of the book *Circus in school* and writer of *The Guidelines for Trainers Development Program Youth Circus* published by Kunstfactor.nl. She participated in 2012-2014 in the CATE program, what resulted in the online available european model for a basic circus training. She has given trainerweekends in Italy, Spain, Finland Switzerland, and the U.K. Concerning social circus, she participated at several international workshops, and was a trainer herself at the pilot edition of Circus TransFormation (Caravan) in Amsterdam 2013 and at the international edition Circus For Understanding in Brussels (2016).

"If only circus could turn children all over the world into happy, creative and social adults..."

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